



Touristic magazin



#instantautun

**Autun**  
**Morvan**  
Cœur de Bourgogne

**Tourist Office**  
of the Grand Autunois Morvan





On the motorway between Lyon and Paris, arriving at Chalon-sur-Saône, we reckon the Autun exit has some **incredible historical heritage** in store. On the tourist signs, the silhouettes of medieval and Gallo-Roman monuments suggest a visit that will be full of **discoveries for the whole family**.

You're always welcome

**in the heart**

The approach to the **Gallo-Roman town** of Autun,

formerly called **Augustodunum**, takes us through a forest of deciduous trees heralding in the **Morvan** mountains that can already be seen in the distance.



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Autun Morvan Tourisme

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LA BOURGOGNE



le Grand Autunois Morvan



### TCV high-speed train station

Le Creusot-Montchanin 24 km away  
Reaching Paris in 1 hr 20  
and Lyon in 45 min

### By A6 motorway

Autun is 2 hr from Lyon  
and 3 hr from Paris.  
Exit Beaune, Pouilly-en-Auxois  
or Chalon-sur-Saône (north or south)

Château-Chinon  
40 mn  
Nevers  
1h50

Luzy  
30 mn  
Bourbon-Lancy  
1h  
Moulins  
1h30

Toulon-sur-Arroux  
40 mn  
Digoin  
1h15

Indeed, the town is surrounded by **ramparts** overlooked by a remarkable **cathedral** with the **tympenum of Gislebertus** considered one of the most beautiful in the world. Lunch in a restaurant in the heart of the old town goes down well with the whole family. What a pleasure it is to enjoy a superb rib of beef in the **Charolais cow's** homeland after discovering another local speciality, **"oeufs en meurette"** (poached eggs in sauce). We promise we'll taste the famous **"Morvan crapiauds"** (fritters) or the **"quatre heures morvandelles"** (traditional hearty lunch of ham, omelette and cheese) from Anost and **Haut Morvan** on our next visit. Now we need to take

the little roads of the Morvan towards the cottage that awaits us tonight in Saint-Léger-sous-Beuvray. Our afternoon will be all about discovering the **Bibracte Museum** at the foot of **Mont Beuvray** which, from its summit, offers a breathtaking view of the entire region. Tomorrow, we'll head for La Boulaye, twenty minutes away, for a visit that's likely to hold a few surprises: it contains one of the most important **Buddhist temples** in Europe. Then, to the delight of the fun-seekers among us, there's the **Diverti'Parc leisure park in Toulon sur Arroux**, where nature, biodiversity and fun attractions await us. We may not have time to take in the **Carnival Rocks** in Uchon! What about staying just one more day?

## of Burgundy

1 day, 2 days, 3 days, 4 days...

Saulieu  
🚗 45 mn  
Vézelay  
🚗 1h30

Pouilly-en-Auxois  
🚗 50 mn  
Dijon  
🚗 1h15

Beaune  
🚗 1 h

Chalon-sur-Saône  
🚗 1 h  
Cluny 🚗 1h10  
Mâcon - Lyon  
🚗 1h20

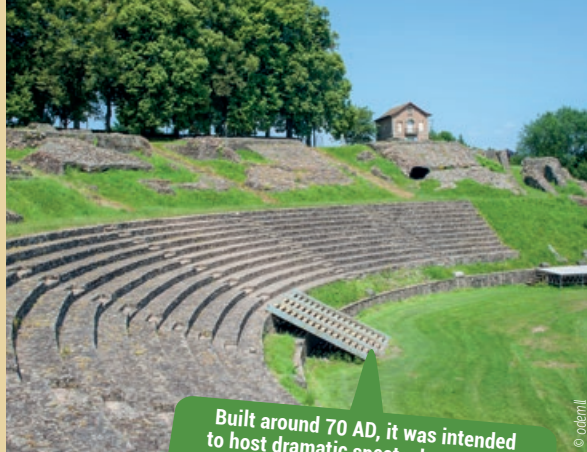
Le Creusot  
🚗 30 mn  
Montceau-les-Mines  
🚗 50 mn  
Paray-le-Monial  
🚗 1h10







Late into the evening in the late autumn, a number of pavements and squares have terraces that are often used as concert venues. In particular, restaurateurs take over the Terrace of Europe, near the bandstand and the magnificent gates of the Lycée Bonaparte.



Built around 70 AD, it was intended to host dramatic spectacles. With its 148 m diameter, it can rightly claim to be the largest in the Roman world, able to accommodate 20 000 spectators. Every year, the ancient theatre of Autun provides the venue for the Gallo-Roman Augustodunum event.



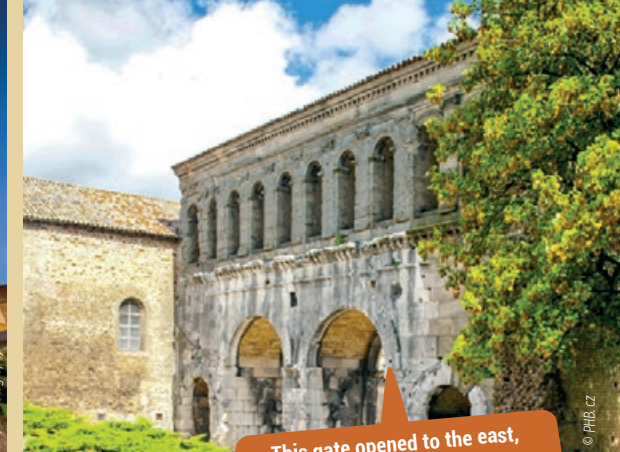
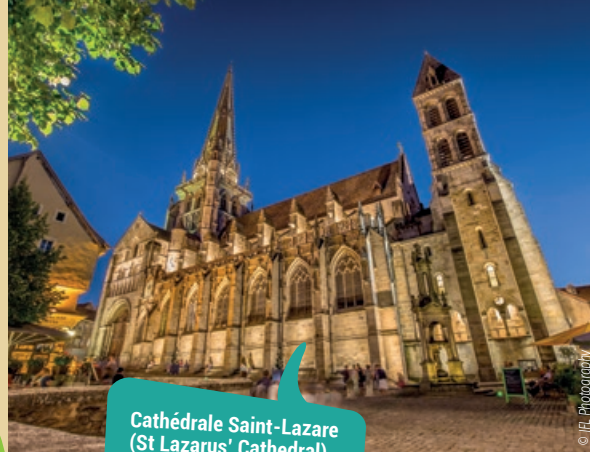
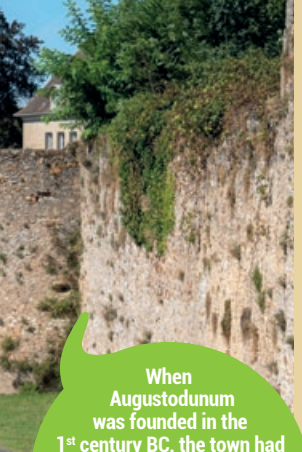
Unbelievable! In just 1 hr 20, **our whole family** is in a different world. Grandpa wants to show us the villages of the Morvan and the town of Autun. So on this beautiful autumn day, we go from the hustle and bustle of the Gare de Lyon in Paris, to the calm of the **Creusot TGV station**. Grandfather has an obsession: to show us this town with its **Gallo-Roman** and **medieval districts** where every road leads from the main square in the town centre, with its famous Lycée **Bonaparte** (school) where Napoleon and his brothers studied, to country roads that touch the ramparts. The lake, at the entrance to the town, is surrounded by a **leisure centre** where

you can go horse riding, sailing, roller skating, bowling or fishing. It's also the starting point for many **hiking** and **mountain biking circuits**. Guaranteed to appeal to the whole family, fond of **leisure sports**, including **golf**, which offers a **panoramic view** of this town which goes back more than 2000 years! Grandfather still has strong memories of a concert in the sublime **Italian-style theatre**. **Equally grandiose** is this Gallo-Roman show in the open air staged in the **ancient theatre** by hundreds of extras which he encourages us not to miss. What a beautiful sight!

## Autun town of countless pleasures!







When Augustodunum was founded in the 1<sup>st</sup> century BC, the town had a 6 km honorary rampart with 4 gates, two of which remain today. The best-preserved part is to be found at Boulevard MacMahon.

Cathédrale Saint-Lazare (St Lazarus' Cathedral), dominated by its high stone spire, remains one of the major works of Cluniac art.

This gate opened to the east, at the end of the Decumanus (a road crossing the town from east to west). It has an architecture similar to the Arroux Gate but has undergone numerous restorations, including that of Viollet-le-Duc.

Yellow and red, these wooded hills with their autumn colours form the backdrop beyond the roofs of **Saint-Lazare Cathedral**. Blue and grey, like a painting, the **Temple of Janus** rises against the Morvan mountains. A temple as strange as the famous **Pierre de Couhard** (stone pyramid) overlooking the imposing building of **Autun's Military College** where Grandpa wore the blue uniform. One of the four French Military Schools nestled in an old seminary that echoes the former 17th-century Ursuline Convent, now a **three-star boutique hotel**. We plan to stay a few days in this monumental town where each member of the family, according to their age, can

find something they like. While some walk around the **Rolin Museum**, the younger members can practise their laser games. And during Grandma's souvenir shopping break, the rest of the family decide to enjoy the **pools and spa at the swimming pool** twenty minutes' walk from the town centre. Grandpa is happy, and as for us ... we'll come back.

The "**Temptation of Eve**" is one of the centrepieces of the permanent collections of Autun's Rolin Museum. Made in the 12<sup>th</sup> century and attributed to Gislebertus, it represents Eve in an unusual position at the point where she succumbs to temptation. It is considered a major work of medieval statuary. It was classified as a historical monument in 1935.





# B I B R A C T E

*FORGET ASTERIX, AT BIBRACTE WE TELL THE REAL STORY OF THE GAULS!*

In the first century B.C. Bibracte was the capital of a powerful Gallic race, the Eduens.

Perched on top of Mount Beuvray, at more than 820m high, in the heart of the Morvan forest, this town was home to between 5,000 and 10,000 people; and not only did Vercingetorix visit, but Caesar stayed here for a whole winter.

Nowadays, throughout the year, you can watch archaeologists dig up traces of the past. Their contributions serve to enrich this ultra-modern museum at the foot of the site, which allows the visitor to understand how life was lived in one of the first European towns.

Ideally, to take advantage of all Bibracte has to offer, you need to spend a whole day here.

Exhibitions, guided visits of the museum and archaeological sites, concerts, lectures, shows, activities for children, demonstrations of birds of prey, tree-climbing - there's something for all ages and tastes. You can even sample a Gallic meal in the restaurant "Le Chaudron".

FOR ALL INFORMATION VISIT OUR WEBSITE AT [WWW.BIBRACTE.FR](http://WWW.BIBRACTE.FR)

THE MUSEUM IS OPEN EVERY DAY FROM 10AM TO 6PM  
FROM THE 18TH MARCH TO THE 12TH OF NOVEMBER.  
(FROM 9:30AM TO 7PM IN JULY AND AUGUST,  
AND UP TO 10PM ON WEDNESDAYS FROM  
THE 16H OF JULY TO THE 16TH OF AUGUST.



Musée de Bibracte - Mont Beuvray  
71990 Saint-Léger-sous-Beuvray  
MORVAN – BOURGOGNE  
Tel +33 (0)3 85 86 52 35 • [info@bibracte.fr](mailto:info@bibracte.fr)



Enjoy a meal at **Le Chaudron** restaurant in Bibracte to discover the ingredients available to Gallic housewives and the utensils used to prepare them.



The oppidum (fortified town) of Bibracte was built at the end of the 2<sup>nd</sup> century BC, at the top of Mont Beuvray, on an area of about 200 hectares, surrounded by a rampart measuring 7 km long.

## No, the Gauls did not live in huts!

In Bibracte, 2000 years ago, at a pivotal time for Gaul, wooden-framed houses coexisted with luxurious aristocratic mansions, built on the model of the houses of Roman Italy.

# Incredible Beuvray !

With Maud and Julien, take a walk with a raptor out in the heart of nature. Watch him fly from branch to branch, feel him close to you, hear his wings flapping - truly an unexpected experience.

The largest of those excavated to date occupied nearly 4000 square metres and had all the latest innovations. A garden surrounded by porticoes, reception rooms richly decorated with painted walls and mosaic floors, private baths heated via the floor, everything was planned for the comfort of its owner!

The excavation is now complete, and you can walk around freely and fully explore its impressive surface.

Next door, another aristocratic mansion is being unearthed. Every summer, you can meet the teenagers from the school excavation site who, together with a team of archaeologists, are learning how to handle picks and trowels, as well as how to use state-of-the-art digital tablets to record excavation data.

Through the items found in the museum, Bibracte offers workshops to learn about the activities of the Gallic period, including the use of this millstone



© Bibracte - Antoine Maillet



Our arrival in the **Morvan, in the Autun region**, will remain engraved in our memories. **Twenty minutes from the motorway** exit, after winding our way through the **hilly landscape** dressed with **rows of vines**, opposite us stands the majestic silhouette of **Château de Couches**. We hope to discover the legend of **Marguerite de Bourgogne**

thanks to our fascinating foray into the heart of the Middle Ages. It's a double bonus because after the visit, we enjoy an introduction to the local wine at the château with a tasting of a **red wines of Couchois**. It's a small, very enjoyable **overview** of the **food and wine tradition** of this Burgundy region nestled between Paris and Lyon. We enjoy this mellow end to the day with a stroll through the village of Couches, whose medieval history has left behind a remarkably rich heritage



## Couches, between vineyards and the Morvan







## Guérin Tower

At the end of the 12<sup>th</sup> century, Couches separated into two distinct territories: Couches en Royauté (Royal Couches) and Couches en Duché (Duchy Couches). The village, under kingship, developed under the protection of the King of France. The origin of this property dates back to the treaty of 1186 granting the monks royal protection. They in turn provided the King's soldiers with a military construction to oppose the Lord of Château de Couches. The current building dates from the 15<sup>th</sup> century and the glazed tile roof from the 19<sup>th</sup> century. The park includes nearly 500-year-old trees, including 23 yews. At the entrance, there are two small towers on either side of the door and in the courtyard, there's a large square tower.



## The Legend of la Vive

Since 1888, the legend of the dragon of Couches, La Vive, has been celebrated! Every twenty years, the people of Couches set out to recreate the La Vive festival, during great folk festivals based around wonderful stories that have become legends. It is said that La Vive had taken up residence below the château and sowed terror throughout the region. But one day, Yoata, a young magician, enchanted the monster...

## The legend of the Vivre - Couches.

Discover the Vivre, a terrifying creature who once struck fear into the village of Couches. Follow the storyteller through the streets of the village for an hour and a half to share this story, while stopping off at its remarkable buildings.







© APRA Bourgogne



## Between **vineyards** and the **Morvan**

When traveling with family, we always try to find an event, entertainment or place that will please everyone. Like all little girls, our youngest daughter dreamed of meeting a princess in a chateau...

First, we found the chateau. Majestic! Set in a pretty little town in the heart of lush green countryside, this renaissance building is one of the most beautiful private châteaux in France. It was in the gardens that we left the past behind and met the present: the chateau's current owner. The Duchess of Magenta is an iconic figure who manages to combine the memory of great historical figures with the requirements and tools of the 21<sup>st</sup> century. Dramatised tours, open for professional or private

events, demonstrations, entertainment...

Château de Sully, which saw the birth of Marshal Mac-Mahon, welcomes thousands of visitors to its apartments, reception rooms and sumptuous courtyard. Did the Marshal, who became President of the Republic and an ardent defender of the economic development of France, know that just a stone's throw from his hometown, the town of Épinac was home to a real technological feat of the mining industry?

The old mining town has also retained the traces of its industrial past. We discover the Museum of Mines and Glass and are



### Épinac, Autun... gold under the surface!

The 19<sup>th</sup> century also saw the industrialisation of Autun: they believed gold was close at hand. Under the Autun Basin lies a sedimentary rock, oil shale. From this rock, an oil was extracted, which would be used in particular for the public lighting of major cities: Dijon, Paris, Lyon... Comparable to kerosene, Autun's oil would be replaced by "black gold" from 1870. Its extraction still marks the landscape, with two slag heaps formed by shale residues to the north-east of the town.







© Château de Sully

impressed by the Hottinguer shaft. We learn that the buildings, built between 1872 and 1876, housed a revolutionary mode of extraction at the time. Not by cables, as was traditionally the case in other coalfields, but by a piston moving in a tube 558 metres high. Which made it the deepest shaft in France since it extracted coal 618 metres down.

FONDATION  
PATRIMOINE

MISSION  
STEPHANE  
BERN

## The Hottinguer shaft

*The project to restore the Hottinguer shaft and Malakoff tower in Epinac began in 2011. The current elected officials wish to continue this process.*

*The project already benefited from financial support (in particular the patronage of Hottinguer Bank) thanks to subscriptions via the Heritage Foundation.*

*The works started in 2013 and 2015, well before the 2018 Bern Mission, concerned the clearing of surrounding industrial buildings, and securing and consolidating the footings of the tower. The current site is working on the 2 side wings. In 2020, the "parasitic" buildings (due to the installation of a painting business at the end of the 19<sup>th</sup> century) will be dismantled to give the site back its former character.*

*Already supported by the Heritage Foundation and the DRAC, which are absolutely convinced of the relevance of the restoration project, the Bern Mission brings additional funds, of course, but also true recognition and media coverage. It is also thanks to these interventions that people's views and interest are changing regarding the preservation of industrial buildings.*



© Jean-Marc Schwartag

**The time of the mines - Épinac**  
During a 1h30 walk you will discover the miners of Épinac, their history, their life... A past still very present in the landscape with the miners' town, the Hottinguer well, the Garenne, the house of the sisterhood. So let yourself be guided along the narrow streets and mining remains of Épinac and go back to the time of the mines, a past so close and yet so far from our memories.







© onetrip

## Uchon a crumbling stone and a devil



### Take to the heights

The site of Uchon is listed by the French Federation of Free Flight. This site is classified by the Conservatory of Natural Sites of Burgundy.

### The legends of the Morvan, Uchon

An oracle, fairies, the devil... There are many secrets hidden in the rocks and forests of Uchon. But don't be afraid, follow the steps of the storyteller during a 1h30 walk in the heart of the forest. And let yourself be carried away by the legends of the Morvan.



© Alpha Studio - ADT

## Lord Jean, serve us the "4'heures morvandelles"!

Following the peasant tradition, after a hard day's work, they would sit down to take a break and build up their strength to take them through to their evening soup. Today, some inns such as the Croix Messire Jean in Uchon continue this tradition with a table of ... country ham and rosette sausage, bacon omelette, farmhouse cream cheese and a loaf of bread!



© P. Boulogne

Of course, if we had arrived by plane, we would have found it immediately. The "**Signal d'Uchon**" is known around the world for its beacon. It's difficult, however, to land on these **granite outcrops** that take us to their **legendary location**. "The Pearl of the Morvan" offers us an exceptional panorama over **the Arroux Valley** and Morvan mountains. In the middle of beech forests, heathland and acidic grasslands lurk the Rochers du Carnaval (Carnival Rocks): **the mammoth, the devil's claw, the dog's nose**, so many evocative names for this picturesque rocky cluster. At the edge of the small mountain

road with its steep curves, the **little church of Saint-Roch, built against the rock**, is a jewel of Romanesque art. We trod in the footsteps of local painter **Louis Charlot**, who loved his native Morvan, some of whose paintings are on display at the Rolin Museum in Autun and the Museum of Modern Art in Paris.



The dragon of the Paldenshangpa Buddhist temple in La Boulaye.





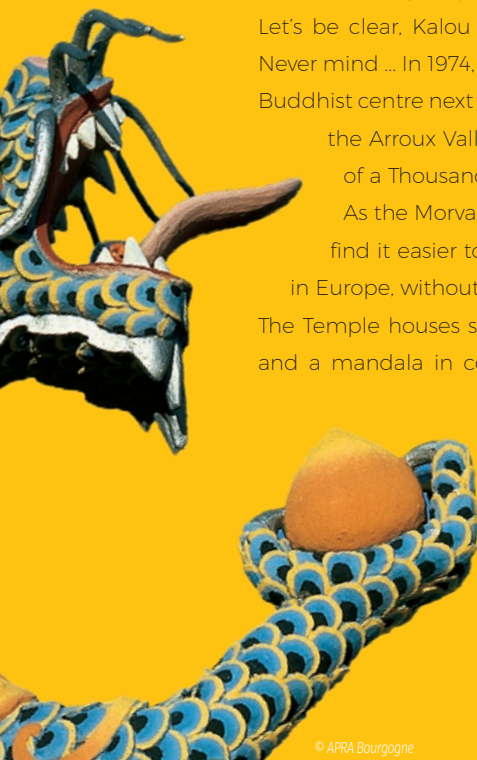
## Paldenshangpa

### the first Himalayan temple in Europe

You are in Burgundy, just a few kilometres from Autun.

Let's be clear, Kalou Rinpoche is not what we might call "pureblood Morvan". Never mind ... In 1974, this great Tibetan master had the wonderful idea to build a Buddhist centre next to Château de Plaigne in the town of La Boulaye. Sheltered in the Arroux Valley, the Paldenshangpa Temple, long known as the Temple of a Thousand Buddhas, invites you in for meditation and inner journeys. As the Morvan mountains don't rise quite as high as the Himalayas, you'll find it easier to enjoy the hiking trails near this site, which is quite unique in Europe, without getting out of breath.

The Temple houses statues of Buddhas of various sizes, many paintings, murals and a mandala in coloured sand. Well worth seeing ... its three monumental statues representing Buddha Sakyamuni looking down at you from a height of seven metres. Guru Rinpoche and Green Tara, the mother of the Buddhas. Whether you're a devotee or not, you'll appreciate the atmosphere of the place and the feeling of serenity it gives off.



© APRA Bourgogne



# Visit the Morvan for a breath of fresh air!

## A playground covering more than 1500 km

Whether you want to take on the mountains or just head out for a stroll, some horse-riding or mountain biking, there are hundreds of marked trails in the region: a wide choice of natural ways to relax!

## The Grande Traversée du Morvan (Great Morvan Crossing) for the energetic

With 330 km of marked circuits, the Grande Traversée du Morvan will undoubtedly appeal to those who love mountain biking. The GTM links Avallon, in the Yonne, to Autun, and the region's main natural and tourist sites: the Morvan lakes, the Haut-Folin massif (901m) and Mont Beuvray. In the Autun region, the GTM lets you discover numerous hamlets, towns and villages including Anost, Cussy-en-Morvan, La Grande-Verrière, La Chapelle-sous-Uchon, Uchon, La Tagnière and Mesvres.

## Downhill mountain bike trails for the adventurous

From beginner to expert, come and enjoy the four downhill mountain bike trails that run from the site of the Liberation Cross to Autun ... Green or blue: a succession of turns, gentle slope. Red: more of a slope with a jump module at the beginning of the track. Black: quite steep with 4 wooden modules, tables, run-off areas for all the jumps.

## The GTMC: a journey to share

In 2018, the Grande Traversée du Massif Central (Great Crossing of the Massif Central) for mountain bikers was reborn, offering a journey of nearly 1400 km. From the mountains and lakes of the Morvan, head off through the splendid yet little-known landscapes of the Massif Central, climb the Auvergne volcanoes, cross the Cevennes National Park and the immense plateaux of the Grands Causses before reaching the beaches of the Mediterranean!

A real adventure by mountain bike or electric mountain bike on paths and trails to share with friends, family or simply on your own that begins in Burgundy!



### Green route

The green route between Epinac and Anost via Autun will delight hikers and walkers, mountain, hybrid or road bikers who can discover some 70 km of routes laid out along the former Chagny-Autun and Tacot du Morvan railway lines. This facility is connected to the Departmental Greenway via Nolay.





## Summer... yes please! and autumn too!

There's a lot going on out in the vineyards. In the forests, we fill our baskets with chestnuts, truffles and mushrooms. Autumn is the ideal time to break the routine and take a break or two after the holidays. Head for the flamboyant vineyards, savour gourmet recipes accompanied by fine wines, drink in the breathtaking scenery along the region's rivers and lakes.

***That's what autumn in Burgundy is all about.  
"We all have a good reason to go to Burgundy."***



© Aurélie Sauph



© Aurélie Sauph - uétrao

*Whether you're feeling sporty or not, you won't be able to resist the pleasure of meeting up with family, friends, your partner or just on your own for long on the village square before heading off on a hiking trip into the heart of the Morvan, along the edge of a forest or to discover Autun's green groves... In complete freedom or guided by professionals.*

## Green walks

*These are circuits ranging from a few hours to a whole day, to discover at your own pace, starting from various towns of the Autun-Morvan region.*

## The Pilgrim Routes

*These routes through the heart of the Morvan highlight its "healing" springs, chapels and Gallo-Roman sites, not forgetting the masterpieces of Burgundy's Romanesque art: the basilicas of Vézelay and Saulieu and the Saint-Lazare d'Autun Cathedral. .*

## The GR 13 and GR de Pays

*Marked in red and white, the GR 13 crosses the Morvan from Avallon to Autun, about 137 km via Vézelay and Bibracte. This Grande Randonnée trail reveals all the wooded beauty of the Morvan.*

## The Celtic Routes

*The AMUR association has highlighted the Celtic Routes of Southern Burgundy passing through, among others, the towns of Broye, Mesvres, Saint-Eugène and Uchon.*





We arrive in the Autun region via the beautiful road that connects Saulieu to Autun, and it's on the banks of **the Arroux**, and more precisely in the town of Dracy-Saint-Loup, that we decide to stop our **motorhome**. Gentle slopes and access ramps are located along the river.

The plan is fantastic! **Canoeing to begin** our stay, then climbing up by the **waterfall** that lives up to its wonderful name of "Brisecou" (Break-neck). We're here for a few days and our enthusiasm for nature leisure activities is rewarded: horse-riding and a skatepark for the youngest, while for our **disabled** teenager, there's the thrill of a green slope with **all-terrain wheelchair** descent. **Nature sports** lovers have the ideal playground here. It's hardly surprising that this region hosted the **European Triathlon Championships**.

To be honest, the kids are asking to do it all again! Next year, we'll be back with the grandparents. We've spotted some nice rivers and small fishing ponds where grandpa can cast his bait and make some great fry-ups. So to tease him a bit, tonight, we'll be having trout on the barbecue!

## Sports & nature **a family**



### A region with some great fishing!

*Fly fishing, sure, but not just that.*

Trout anglers will enjoy worm, waxworm and minnow fishing along the wild course of the Celle, Canche or the "no kill" Grande-Verrière. At Pont du Souvert in Lucenay-L'Évêque, the Ternin reveals some beautiful speckled trout in among its meanders. The quieter waters of the right bank of Lake Autun let you fish with two rods maximum. Beautiful zander or amazing carp take the boilie or seed bait at Lake Bousson in Saint-Didier-sur-Arroux. Wow - "that's a fine old girl" weighing more than 10 kilos. Come on ... let her go. Quieter still, but very nice, the option of fishing for a half-day with barbecue and picnic table at the Moulin de la Petite Verrière fish farm.





# adventure



# Splash!

Autun's pool is really impressive. A nautical centre in the heart of a leisure complex with two indoor pools and a fun outdoor pool from which you can enjoy a superb view of Lake Autun and the old town.

Sauna, hammam or aqua'gym for parents and toboggans and slides for young people. Games for children that can also be found next to the Anost campsite with a body of water designed for unsupervised swimming. Why not go and lay your towel on the lawns of the outdoor aquatic recreation centre of Étang-sur-Arroux?



© Ville d'Autun



© Christophe FOUQUIN







# Local produce on your plate

“ So the aim is to work with simple, seasonal products and, where possible, locally produced ”

**Benoît Berthoud,**

Chef at the restaurant "Les Gourmets" in Etang-sur-Arroux

## Seasonal products and locally produced

"I was destined for the butcher's shop, but then, at the age of 14, I tried my hand at cooking in the family inn, and it seemed like a no-brainer... That's what I wanted to do!

After hotel school in Lyon, I worked in several residences, in different teams or alone, cooking, pastry-making, and finally, in 2013, I made the decision to set up my own establishment. I wanted to keep the basics of gourmet cuisine, in terms of working the raw product, but with affordable prices for the customer. So the aim is to work with simple, seasonal products and, where possible, locally produced. Then to bring out the best of them on the plate, preserving their flavours and showing them off to best effect.

My menu regularly features a dish that I particularly like because it's inspired by a recipe from my grandmother: snail fricassee with pig's feet. It's a real treat."



### Snail fricassee and pig's feet, red wine coulis, with a good helping of chlorophyll

2 pig's feet | 3 dozen small Burgundy snails | 60 grams of butter | 2 garlic cloves | A few spinach leaves | Parsley, bay leaf, thyme, chives, coriander | Salt, pepper | 50 cl red wine

Wash the pig's feet in cold water. Cook them for 2 hours in a bath of water with thyme and bay leaf. The flesh comes off, debone. Set aside to cool. | Reduce the wine and cooking water from the feet for about 1 hour, then bind with a butter manipulated until a smooth sauce is obtained. | Leave the butter at room temperature to produce a pomade. Place together with chopped garlic and parsley. Season with salt and pepper. |

Blanch the spinach and seasonal herb leaves in boiling water and cool with iced water to keep the items green. Mix and strain through a paper filter to obtain a really pure juice.

Pan-fry the snails and pig's feet in the parsley butter. Meanwhile, fill 6 ramekins with wine sauce. Add the snails and possibly a small slice of toast. Arrange the pig's feet on the plate. Add the herb coulis signature to bring a splash of colour.

Serve with a red Givry premier cru that you'll find at the local winemaker's.



“ She looks after production from A to Z. ”

**Guilaine Bascop,**

Snail breeder in Antully

## Her own production from A to Z

Among cows, sheep and poultry, there's one that really races out in front (yes indeed, as we say) - the snail! Symbol of Burgundy, emblem of Burgundy gastronomy, its production is nevertheless rare in the region. Guilaine Bascop, a former painter and decorator, was mesmerised by the spirals of these little gastropods during a visit to a snail farm. That was it - it changed her life and, with her Professional Farm Manager's Certificate in her pocket, she set up her own "gros gris" snail farm. She looks after production from A to Z and also creates her own recipes, with a fundamental value and a single watchword: selecting quality regional products.

"I make sure I work within the rules of the art. I use as many local products as possible, like Bressan butter [...] and duck fat." Passionate and highly enthusiastic, she passes on her know-how to small groups during tasting tours of her farm.



### Snail pie with Epoisse cheese

Prepare the pie dough: mix 250g of flour and 125g of butter, 3 pinches of salt and 710g of water.

Prepare the bechamel sauce: make a roux with 15 g of butter, 15 g of flour. Add boiling milk, salt, pepper, nutmeg. Stir continuously for a few minutes. Add one egg yolk and 150g of Epoisse cheese. Stir.

Sweat 1 large onion and 1 shallot in some butter. Drain 2 dozen snails in the short broth and add them to the onions/shallots.

Spread 2/3 of the dough in a pie dish. Arrange the snail/onion/shallot mixture.

Cover with bechamel. And cover with the remaining dough. Make a funnel, brown with egg yolk. Bake for about 15 minutes at 200°C.





## Couchois wines

A small island of vines nestled between the Côte Chalonnaise and the Monts du Morvan, the Côtes du Couchois is an area of Burgundy wine with great character! Closing the geological fault that starts in Dijon, the vineyard is located in the extension of the Côte de Beaune. The vines climb up the favourable slopes of a hilly terrain, offering remarkable panoramic views. They flourish on a clay and marl soil (versicoloured clay) which is very favourable to Pinot Noir and Chardonnay. The AOC Bourgogne Côtes du Couchois is a ruby-coloured wine, with fruity notes, robust tannins and a fresh finish. This AOC is now fighting for recognition of its charming white wines. This little piece of Burgundy will enchant the curious and fine gourmets. The area of production of Couchois wines extends over six communes:

Couches, Dracy-les-Couches, Saint-Maurice-les-Couches, Saint-Sernin du Plain, Saint-Jean de Trezy and Saint-Pierre de Varenne for a total surface area of approximately 250 hectares. To guarantee the quality of our welcome. You will find our vignobles et découvertes labelled: Domaine Demontmerot, Domaine Royet, Domaine Bellavoine, Domaine Beauregard, Domaine de la Tour Bajole, Domaine du Château de Couches, La cave de Laly, la cave du Cocand, le Wine O Clock, la cave de Mazenay, le domaine de Rymska, Camping de la bonne vie, Hôtel/restaurant les trois Maures, Quad vignes et châteaux and E'trott évasion.



The label "Vignobles et découvertes" brings together the establishments of the area that want to share their passion for the wines to inspire local wine varieties. The wines of the "Côtes du Couchois" have always developed on a multicolored soil since ancient times, which gives them a fruity personality and a floral character. These wines are produced by winemakers united in the "Union des producteurs des Côtes du Couchois" (UPCC). They are determined to make this hidden treasure known beyond our hills and to obtain a second AOC, this time for our white wines.



# Acclaimed by you



© Eileen Aulun



Jazz in Couches



© Jazz à Couches

Beurdin'z Festival



© Gauthier K. photographie

Historical show Augustodunum



The roman days



© Ville d'Aulun

Hurdy-gurdy festival







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### Cultural season at the **theatre**



© Ville d'Autun



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### Concerts on the terraces



© Christine Bourget

### Local **Markets**





# Made in

We're just leaving  
the Musée du

Septennat (museum) in Château-Chinon, which houses the gifts given to François Mitterrand during his terms as President of the Republic, when already, the **Morvan massif** reveals its true nature. In the village of Arleuf, the Mecca of Morvan's famous ham, we decide to head off onto the small narrow roads, through the middle of **oaks, chestnuts and beech**. And fir trees! Because we are here in the Morvan, the biggest exporter of **Christmas trees**. Wood in general is an important source of inspiration and income. A top modern sawmill in Autun produces **wooden frames**, without glue or chemicals, and so providing an excellent eco-balance. There are many craftsmen here shaping different wood species, eager to **respect tradition** but also **to be part of the modern world**.

We reach La Comelle, a small village which saw the birth, in 1740, of Jeanne Barret, a poor peasant girl, who was the first woman to travel around the world by boat with the Bougainville expedition.

## Christmas

No more "breaking your baubles" in the other mountain ranges – it's Morvan which is the largest exporter of Christmas trees.

In fact, one of its larger specimens travels to Paris each year to illuminate the majestic Élysée courtyard.



## L'AOP boeuf de Charolles

While the Côtes Chalonaises or Côtes de Beaune may be its neighbours, the "côte de boeuf" (prime rib of beef) is definitely from here, with the quality of the farms breeding their famous Autunois-Morvan cattle. The farmers who sign up to the official regional labelling approach are the guarantors of a good, fair and healthy piece of meat.





# here

This spirit lives on in women like Anne-Laure Roty, who for 8 years, in the trade **guilds** tradition, has been restoring furniture from another age using the techniques of today in Autun's historic cathedral district. These men and women of the Morvan are surprising. So we shouldn't be surprised that Autun has within its Lycée Bonaparte the equivalent of the École Boulle in Paris (school of artistic crafts and applied arts), awarding the **Diploma for Artistic Trades** option for tapestry decoration. On the other side of town, **Veldeman** is developing its mattress and box spring production units. **Tolix** continues to develop its pressed metal chairs and armchairs created by Xavier Pauchard and today exported worldwide. From top to toe, Autun's manufacturers are also brands known well beyond our borders: for the last 60 years, **DIM's** tights and knee-socks have been knitted and shipped off to many countries around the world.

**Neyrat** has been reinventing the umbrella for 160 years, and recently, a visit to its artisan workshop has become an absolute must. Art and crafts can be seen everywhere in exhibitions, shops and workshops in the heart of the town centre and out in the rural communities.

## Neyrat umbrellas

*Indirectly fighting against whaling, the company, founded in 1852, relocated to the heart of town with a craft workshop that's well worth a visit.*



## Inventors ahead of their time

The 20<sup>th</sup> century saw the birth of a number of companies which today still carry the name of Autun right across the world. Tolix, Gauthier Automatismes, Neyrat, Dim, Nexans ... to name but a few ... Autun is a melting pot of inventors and engineers: Xavier Pauchard invented the first washing machine in 1924 and Bernard Giberstein seamless stockings in 1956!

## ArtisAnne

*Gone are the days when the moustachioed craftsman with his spotted blue overalls lived hidden away, bent over his workbench at the far end of some dark workshop. Anne-Laure Roty spent 8 years touring France learning her trade before finally setting down her toolbox in Autun, in the old quarter. Soon she will set up in a new space with exceptional architecture where you can even better appreciate her work as an upholsterer and decorator.*







**Agathe Legros**  
Director of museums  
and heritage

© Ville d'Autun

**Maison des Galvachers in Anost**  
Illustrations, testimonies and re-creations of the nomadic life of the Galvachers (cattle drivers and carters in the 19<sup>th</sup> century) who were known for their skill and dexterity in driving oxen.

**Museum of Mining, Glassworks and Railways in Epinac**  
Discover the process of creating coal, the working techniques relating to mining, the equipment used, as well as the life of the miners...

## Museums of Autun

### The custodian who changes everything

**Agathe, are you more about archives or field work?**

What a funny question ... Can I be both? If "archives" in your question means research in all its forms, then that's the basis of my job and one of the reasons I chose it! You can't look after a museum, a city's heritage, without being a little curious, wanting to search and learn. Without this research, I wouldn't have much to offer, no exhibitions, no museum project ... But I'm not a pure researcher, I need to record what I know and what I find through actions, and especially to share it. You have to be very "hands-on" for a museum to live, surprise, draw people in...

**A museum on the move – does that create more or less dust?**

Dust in a museum is something we try to avoid ... And it's funny because the idea of dust is exactly what many people associate with a museum that doesn't move much. So I wouldn't necessarily talk about dust, but I could tell you that a museum on the move is a popular museum. The museum is constantly changing, to host a concert or a giant treasure hunt, our works can be lent out or restored, the spaces are constantly being improved. And the small team that runs around the museum every day ends up clocking up a few kilometres and several thousand steps ... But we're sure to speak again about dust when the big museum work begins!

**Who visits and who should visit museums?**

People go to the museum mainly for two reasons: to learn and to have fun. Visitors can be guided by curiosity, eager to admire "in person" Eve or Bellerophon, or better understand the history of the town. They are tourists discovering Autun, locals who feel an attachment to objects that are part of their history, grandparents who want to introduce their grandchildren to something new ... I don't know who "should" visit museums. On the other hand, I'm convinced that coming to the museum makes you happy, and maybe a better person. Our ambition (because it's all about teamwork) is to arouse this curiosity, to surprise and allow access to this pleasure of learning and admiring. I'm always sorry to hear someone say "the museum isn't for me", because museums are created to share, to allow everyone to enjoy the works they contain. Visitors are a museum's raison d'être.



I've got just the ticket for the **Museums!**

### Autun Natural History Museum

Permanent exhibition on the natural and ancient environments of the Morvan and Burgundy region: minerals, fossils, insects, birds and mammals.



© Bibracte - Antoinette Maillet



“ **It's the museum that frames travel the most!** ”

Gaëtan Faucher  
Belgian author

### Museum of Troop Children

Located in the Autun Military College, it occupies the chapel and crypt of the old seminary. Memories and recollections evoke the lives of former students and the history of some of them and their sometimes surprising fate. The emblems of the dissolved schools are preserved here.



### Bibracte Museum

The museum offers an approach to archaeology and Celtic civilisation. Audiovisuals, models, reconstructions of people's homes and craft workshops, objects to discover through audioguides (French, English, German, Dutch)



**Bibracte**

## The leader of the Gauls

### Vincent, can you give us a little teaser for the museum?

Bibracte offers the promise of going back in time, to a period when pastures still occupied the site of the future town of Autun. It's also an opportunity to climb the slope of Mont Beuvray, one of the eighteen Great Sites of France, where the town of Bibracte rose up in the 1<sup>st</sup> century BC, certainly the most sumptuous forest landscape in the Morvan and the best viewpoint over the landscape of Autun. But most of all, it's an opportunity to discover the work of archaeologists up close, in the museum, in the field ... and even at the Table du Chaudron, the museum's restaurant. Plan a full day's visit!

### How many people were in the Bibracte tribe?

At its peak, when it hosted Vercingetorix and Julius Caesar, Bibracte had thousands of inhabitants (five thousand? ten thousand?). After being abandoned for almost twenty centuries, archaeologists set up their base camp at the European Archaeological Centre, 4 km from the site, and an advanced camp at the museum which occupies its entrance. There are about thirty people who busy themselves throughout the year, managing a field of nearly 1000 ha, supervising the excavation sites and welcoming visitors. In summer, the team is joined by researchers and students from different European universities, who together create the archaeology of tomorrow.

### What is your dream as a researcher?

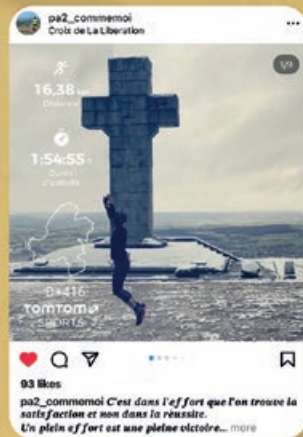
No treasure of the Great Pyramid or tomb of Vercingetorix (who died in Rome, anyway), but rather the hope that the work of the archaeologists helps my contemporaries to understand the long duration of our history and our obligation to leave a planet which is still habitable for our children and grandchildren.





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